Mindfulness for Men — A Men’s Retreat

We’ll discuss: "The Serendipity Prayer or Why Interesting Things Happen to Interested People" and "Mindless Men Make Messes: How Do Men Become Mindful in Relationships, Spirituality, and Business?"

This Retreat is for anyone who’d like to ponder how to become more connected, courageous, compassionate and calm! We’ll consider spiritual practices that will lead us to a more Christ-centered and balanced life.

Fees include two nights lodging and 5 meals, from dinner Friday to breakfast Sunday.

- $245 Single Occupancy
- $195 Shared Room
- $95 Commuter

Schedule:

**Friday March 3**
- Check-In after 3:00
- 5:30 Social Hour
- 6:30 Dinner
- 7:30 Welcome and Word from the Bishop
- The Serendipity Prayer: Why Interesting Things Happen to Interested People - Fr Bill Miller

**Saturday, March 4**
- 8:00 a.m. Breakfast
- 9:00 a.m. Mindless Men Make Messes: How Do Men Become Mindful in Relationships, Spirituality, and Business - The Rev’d William Thiele (presentation and group discussion)
- 1:00 Lunch
- 2:00 Free time
- 5:00 Social Hour/Cookout/Stump the Priest

**Sunday, March 5**
- 8:00 a.m. Breakfast
- 9:00 a.m. Worship, Fr Bill Miller, officiant and preacher
- 10:00 Check out

$95 deposit due with registration by February 1, 2017

**Fees**
- Full and Partial Scholarships available
- Checks payable to Christ Episcopal Church
- 120 S. New Hampshire
- Covington, LA 70433

On-line Registration: https://christchurchcovington.com/site373.php

For more information email fatherbill@christchurchcovington.com or Kirk Michel at: kirkmichel@realtor.com

The Solomon Episcopal Conference Center
A Place to Rest Your Mind and Revive Your Soul
985-748-6634
www.solomoncenter.org

About the presenters:

**Rev. William Thiele, PhD**, serves as founding spiritual director of the School for Contemplative Living, (www.thesc.net), licensed professional counselor in private practice, adjunct professor at Loyola University, and author of Monks in the World: Seeking God in a Frantic Culture and a blog on Wordpress.com: "A Contemplative Path." He is a meditation teacher and leads retreats for businesses, non-profits, and church groups nationally.

**Father William “Bill” Miller** is a noted writer, innovator, public speaker and teacher. He is the author of two beloved and critically-acclaimed books, The Gospel According to Sam: Animal Stories for the Soul, and The Beer Drinker’s Guide to God: The Whole and Holy Truth about Lager, Loving and Living. He has served growing congregations in Austin, Houston and Kauai, and has founded four sacred jazz festivals. He lives in Covington, Louisiana with his dogs Sinbad and Nawiliwili Nelson, where he serves as Rector of Christ Episcopal Church. More about Father Bill can be found at www.fatherbill.net or www.facebook. com/ williammillerauthor
More than 40 men gathered at the Solomon Center June 3-5 for our 5th annual Men’s Retreat — with the largest group of men from churches other than Christ Church in our history.

Father Bill Miller was the presenter and his theme was “Mountain Climbing in Louisiana: Where God may be Leading you!”

Mark you calendars for the 2017 Conference on March 3—5

JP Warner, David Campbell, Fred Bruce and Quin Bates

Jeff West, Philip James and Chip Gomilla

Trey Tournillon, Bill Batson, Jay Geiger and Skip Scoggin